

Role of environmental survival in transmission of *Campylobacter jejuni*

Christina Bronowski¹, Chloe E. James² & Craig Winstanley¹

¹Institute of Infection and Global Health, University of Liverpool, Liverpool, UK; and ²School of Environment and Life Sciences, University of Salford, Manchester, UK

Correspondence: Craig Winstanley, Institute of Infection & Global Health, University of Liverpool, Ronald Ross Building, 8 West Derby Street, Liverpool L69 7BE, UK. Tel.: 44 (0)151 795 9642; fax: 44 (0)151 795 5527; e-mail: C.Winstanley@liv.ac.uk

Received 4 April 2014; revised 20 May 2014; accepted 24 May 2014. Final version published online 19 June 2014.

DOI: 10.1111/1574-6968.12488

Editor: Jeff Cole

Keywords

Campylobacter; gastroenteritis; zoonosis; environment.

Abstract

Campylobacter species are the most common cause of bacterial gastroenteritis, with C. jejuni responsible for the majority of these cases. Although it is clear that livestock, and particularly poultry, are the most common source, it is likely that the natural environment (soil and water) plays a key role in transmission, either directly to humans or indirectly via farm animals. It has been shown using multilocus sequence typing that some clonal complexes (such as ST-45) are more frequently isolated from environmental sources such as water, suggesting that strains vary in their ability to survive in the environment. Although C. jejuni are fastidious microaerophiles generally unable to grow in atmospheric levels of oxygen, C. jejuni can adapt to survival in the environment, exhibiting aerotolerance and starvation survival. Biofilm formation, the viable but nonculturable state, and interactions with other microorganisms can all contribute to survival outside the host. By exploiting high-throughput technologies such as genome sequencing and RNA Seq, we are well placed to decipher the mechanisms underlying the variations in survival between strains in environments such as soil and water and to better understand the role of environmental persistence in the transmission of C. jejuni directly or indirectly to humans.

Introduction

Campylobacter is the most common cause of acute bacterial gastroenteritis worldwide. In the UK alone, it causes an estimated 700 000 infections each year (Tam *et al.*, 2012) and presents an economic burden of over £1 billion per annum (Humphrey *et al.*, 2007). Campylobacteriosis, typically lasting for about a week, is characterised by often bloody diarrhoea, cramping, abdominal pain and fever and may be accompanied by nausea and vomiting. Occasionally, in immunocompromised patients, the pathogen can spread systemically, leading to more severe sequelae, and it is also a major predisposing cause of the peripheral nervous system disorder, Guillain-Barré Syndrome (Nachamkin *et al.*, 1998).

Campylobacter are spiral members of the Epsilonproteobacteria with small, AT-rich genomes (typically 1.5 - 2 Mb). They are often considered fragile because of the difficulty in growing and maintaining the bacteria in laboratory culture. *Campylobacter* grow

optimally at 37-42 °C but cannot tolerate drying and are unable to grow in atmospheric levels of oxygen, requiring instead conditions with reduced oxygen levels (5–10% v/v) but raised carbon dioxide levels (5–10% v/v).

Although most human infections (c. 90%) are associated with *Campylobacter jejuni*, around 10% are caused by *C. coli*, with other species also occasionally causing disease. However, for the purposes of this review, we focus on the most common pathogenic species, *C. jejuni*.

Here, we review the potential role of environments such as soil or water in the transmission of *C. jejuni*, outlining current knowledge about the strategies adopted by *C. jejuni* to persist in such environments, and discuss the evidence that such environments contribute directly or indirectly to the burden of human disease. We use the term 'environment' throughout to refer to natural and farmland environments such as soil or water. We further highlight the key issue of interstrain variability, emphasising the need to use multiple strains before drawing specieswide conclusions about *C. jejuni*.

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Genotyping of Campylobacter

There have been a number of genetic approaches used to subdivide species of Campylobacter, especially C. jejuni and C. coli, including pulsed-field gel electrophoresis (PFGE) (Wassenaar & Newell, 2000), flagellin genotyping (Clark et al., 2005), random amplified polymorphic DNA (RAPD) typing (Nielsen et al., 2000) and ribotyping (Ahmed et al., 2012). However, the development of a multilocus sequence typing (MLST) scheme for Campylobacter was a significant step forward in the study of diversity amongst Campylobacter populations and the relationships between species within the genus (Dingle et al., 2001). MIST enables unequivocal data to be compared between laboratories worldwide through the use of a readily accessible database (pubmlst.org/campylobacter) containing data for > 28 000 isolates (last accessed May 2014) (Jolley & Maiden, 2010).

The initial MLST scheme was based on the analysis of sequences from seven housekeeping genes (aspA, glnA, gltA, glyA, pgm, tkt and uncA) and allows the assignment of isolates to clonal complexes (clusters of closely related sequence types). Using this approach, it was possible to identify the most abundant common clonal complexes (such as ST-21), though it is also evident that the C. jejuni population overall is highly diverse (Dingle et al., 2001, 2005). Others have extended the MLST scheme for improved applicability to other Campylobacter species (Miller et al., 2005; Dingle et al., 2008). However, the advent of affordable whole genome sequencing (WGS) technologies means that a scheme based on much wider genomic comparisons is likely to supersede MLST. Since the first genome sequence (of strain NCTC11168) was published in 2000 (Parkhill et al., 2000), numerous other Campylobacter genomes have been sequenced, revealing extensive within-species diversity (Fouts et al., 2005; Hofreuter et al., 2006; Hepworth et al., 2011). As MIST profiles can be readily extracted from WGS data, the widespread adoption of WGS would not preclude comparison with previous datasets.

Use of genotyping to attribute routes of infection

Most cases of campylobacteriosis occur as isolated, sporadic cases, rather than as part of larger outbreaks, as typically seen with other bacterial pathogens associated with diarrhoea. It is believed that zoonotic transmission of *Campylobacter* spp. to humans occurs primarily through the consumption and handling of livestock, with poultry being the most common source. However, it is clear that other infection routes, including the natural environment, may also contribute.

Campylobacter jejuni has been isolated from diverse animal, human and environmental sources and the isolates obtained subjected to genotyping. Although traditional typing schemes have been of limited use with respect to identification of infection sources, using molecular typing coupled with epidemiological analysis, we are now in a better position to identify and track specific strain types of C. jejuni and C. coli. Several studies have sought to determine the prevalence of specific clones amongst C. jejuni isolates from diverse sources by applying MLST (Colles et al., 2003; Manning et al., 2003; Sails et al., 2003; Dingle et al., 2005; French et al., 2005; Karenlampi et al., 2007; McCarthy et al., 2007; Taboada et al., 2008; Wilson et al., 2008; Sheppard et al., 2009). These studies show that whilst some MLST clonal complexes, such as the ST-21 complex, are widespread, others, such as the ST-61 complex, have a more restricted distribution. Although generally considered to be poor survivors outside of their animal hosts, some C. jejuni appear to be more able to survive and persist in environmental niches (French et al., 2005; Sopwith et al., 2008). For example, a study of C. jejuni in a specific area of cattle farmland in the UK found that environmental water isolates clustered within the ST-45 clonal complex much more frequently than other common clonal complexes (Biggs et al., 2011). The prevalence of specific strain types amongst isolates from multiple sources, including animals and the natural environment, can be compared with similar data from isolates associated with infections in humans. This enables us to model the relative contributions of particular sources to transmission (Wilson et al., 2008; Sheppard et al., 2009; Strachan et al., 2009).

The natural and farmland environment as a reservoir or source of infection

There have been a number of reports implicating environmental water as the source of an outbreak of campylobacteriosis (Lind et al., 1996; Clark et al., 2003; Auld et al., 2004; Kuusi et al., 2004; O'Reilly et al., 2007). Studies in many countries have shown that drinking water can be a direct source of human infection (Abe et al., 2008; Uhlmann et al., 2009; Karagiannis et al., 2010; Gubbels et al., 2012). Perhaps, more importantly, the environment is also an important source for the primary and secondary colonisation of food animals, particularly chickens (Pearson et al., 1993; Ogden et al., 2007; Perez-Boto et al., 2010). It is likely that routes of transmission flowing through the environment, farm animals and wild animals through to humans interact in complex ways (Fig. 1). These interactions would be driven by factors such as the defecation of wild birds or farm animals,



Fig. 1. Routes of transmission for *Campylobacter ieiuni*.

water flow due to climatic conditions, spread by flies and other complex ecological parameters. An as-yet-unexplained phenomenon of seasonality has been reported, with *Campylobacter* infection peaks in late spring (McCarthy *et al.*, 2012; Nichols *et al.*, 2012; Spencer *et al.*, 2012; Taylor *et al.*, 2013). It has been postulated that the natural environment plays a role in this reproducible seasonality, though there is much work to be perfomed before this link is fully established and understood.

Environment

Campylobacter subtypes associated with nonlivestock sources

In addition to the reported link between the ST-45 clonal complex and water sources (French et al., 2005; Sopwith et al., 2008), a number of novel MLST types absent from human isolates have been identified from both environmental water and wildlife, such as wild birds and rabbits (French et al., 2005; Levesque et al., 2008; Hepworth et al., 2011). Members of the ST-45 complex have a widespread distribution but are more frequently encountered in environmental samples than some other 'generalists' (French et al., 2005). However, these unusual MLST types are rarely identified amongst isolates from human or farm animal sources. One example of this apparent niche specialisation is ST-3704, which has a specific association with the bank vole (Williams et al., 2010; Hepworth et al., 2011). Comparative genome hybridisation and genome sequence analysis has shown that such strains often lack many of the genes previously associated with the ability to colonise chickens and form a novel clade distinct from the *C. jejuni* strains that are commonly associated with human infections (Hepworth *et al.*, 2011).

Humans

Although C. jejuni has a relatively small genome, it carries significant levels of variation, potentially indicative of evolution leading to niche specialisation. Comparative genome analyses using microarrays indicate high levels of genome diversity but low levels of genome plasticity in C. jejuni (Dorrell et al., 2001; Leonard et al., 2003; Pearson et al., 2003; Champion et al., 2005; On et al., 2006); (Dorrell et al., 2005). These studies have identified discrete regions of diversity within the C. jejuni pangenome, called plasticity regions PR1-PR7 (Pearson et al., 2003) or hypervariable regions 1-16 (Taboada et al., 2004; Hofreuter et al., 2006; Parker et al., 2006). This approach was used to subdivide C. jejuni into 'livestock' and 'nonlivestock' clades (Champion et al., 2005; Stabler et al., 2013) and has led to the development of multiplex PCR assays as predictive tests for whether human infection cases were attributable to water and wildlife or domesticated sources (Stabler et al., 2013). The development of new sequencing technologies has made it feasible to carry out much larger and more detailed Campylobacter comparative genomics to better identify genes or genomic regions associated with isolates from particular sources (Sheppard et al., 2013).

Oxygen tolerance and survival in low nutrient environments

To survive in natural environments, *C. jejuni* must cope with a number of stresses (Fig. 2). Despite the absence of many classic stress response mechanisms, *C. jejuni* strains



Fig. 2. Summary of *Campylobacter jejuni* responses to stresses. The chromosome of *C. jejuni* NCTC11168 is represented by a black circle on which the location of genes, involved in stress responses, are shown as coloured lines. Genes are coloured according to their role; gene names shaded in grey are involved in multiple stress responses.

can survive in a wide range of environments (Kassem & Rajashekara, 2011). In particular, the organism needs to defend itself against atmospheric levels of oxygen and reactive oxygen species (ROS). If the cell is unable to neutralise these toxic compounds, they can lead to protein, nucleic acid and membrane damage. Exposure of Campylobacter to oxygen induces catalase, not superoxide dismutase (SOD), the major defence against oxidative stress in most bacteria (Garenaux et al., 2008), though basal activity of SOD may be important (Pesci et al., 1994). The best described catalase in C. jejuni is encoded for by katA (Cj1385 in C. jejuni NCTC11168) (Day et al., 2000; Atack & Kelly, 2009). However, recently another protein (Cj1386) implicated in defence against ROS has been described, encoded by a gene located immediately downstream of katA. Cj1386 is an ankyrin-containing protein involved in the same detxoxification pathway as catalase (Flint et al., 2012). Unlike most bacteria, which contain two distinct types of SOD, SodA and SodB, only SodB is present in C. jejuni. sodB mutants show increased sensitivity to oxidative stress (Purdy et al., 1999). Alkyl hydroperoxide reductase (Ahp), consisting of an AhpC catalytic and an AhpF flavoprotein subunit, can also play a role in aerotolerance (Baillon et al., 1999; Poole et al., 2000; Atack & Kelly, 2009). Campylobacter jejuni appear to lack the flavoprotein domain and only contain the ahpC gene. The thioredoxin reductase TrxB is a possible candidate for reducing oxidised AhpC (Parkhill et al., 2000; Palyada et al., 2004). The methionine sulphoxide reductases MsrA and MsrB counteract the formation of Met-SO in C. jejuni, preventing oxidative damage caused by conformational changes and inactivation of proteins (Moskovitz, 2005; Atack & Kelly, 2008). It has been demonstrated that the heat-shock-related proteins HtrA and

HspR can promote short-term survival in oxygen (Andersen et al., 2005; Brondsted et al., 2005), which may be important in terms of transmission. Campylobacter jejuni also differs in its choice of regulatory genes from other enteropathogenic bacteria; KatA and AhpC are regulated by PerR and not OxyR, which is lacking (Cabiscol et al., 2000). The OmpR-type response regulator CosR also plays a role in regulation of the oxidative stress response (Hwang et al., 2011). Fur (ferric uptake regulator) controls expression of a range of oxidative stress genes, preventing the build up of toxic levels of iron within the cell (Stintzi et al., 2008). Other regulatory systems important in C. jejuni oxidative stress response are the global transcriptional regulator CsrA, and the two-component regulatory systems CprRS and RacRS (Fields & Thompson, 2008; Svensson et al., 2009; Gundogdu et al., 2014). Different strains of C. jejuni can vary with respect to the carriage of genes implicated in aerotolerance. For example, Cj1556, encoding a MarR family transcriptional regulator with a role in oxidative stress response (Gundogdu et al., 2011), is found at much higher prevalence amongst livestock-associated strains than nonlivestock-associated strains (Champion et al., 2005), suggesting subtle variations in aerotolerance that may contribute to the higher prevalence of some strain genotypes in environmental samples.

In nutrient poor environments, such as water, *C. jejuni* must cope with starvation. *C. jejuni*, in contrast to other bacteria, is generally unable to utilise sugars and relies on amino acids (mainly aspartate, glutamate, serine and proline) and organic acids for energy and growth (Velayud-han *et al.*, 2004; Guccione *et al.*, 2008; Hofreuter *et al.*, 2008). It is likely that *in vivo* peptides provide amino acid sources for *C. jejuni*. Cj0917, a homologue of carbon starvation protein A (CstA) in *Escherichia coli*, is involved in peptide utlisation and it is the most upregulated *C. jejuni* gene during starvation (Rasmussen *et al.*, 2013).

Campylobacter jejuni lacks the RpoS-mediated stress resistance system associated with the stringent response in many Gram-negative bacteria (Parkhill *et al.*, 2000). Generally, Gram-negative bacteria rely on *relA* and *spoT* to control the stringent response, but there are exceptions, including *C. jejuni*, which relies on *spoT* only (Wells & Long, 2002; Gaynor *et al.*, 2005). It has also been shown that Ppk1-dependent increases in poly-P inside the *C. jejuni* cell are important in low-nutrient-stress survival, osmotic stress survival and biofilm formation (Candon *et al.*, 2007).

Biofilm formation

Biofilm formation is another common strategy for bacterial survival in harsh environmental conditions. Campylobacter jejuni can form biofilms in water systems and on a variety of abiotic surfaces commonly used in such systems as well as in natural aquatic environments (Lehtola et al., 2006; Maal-Bared et al., 2012). It has been demonstrated that low nutrient conditions (Reeser et al., 2007) and aerobic environments (Reuter et al., 2010) can promote C. jejuni biofilm formation and that this species can survive within polymicrobial biofilms (Ica et al., 2012). Molecular understanding of the mechanisms underlying Campylobacter biofilm formation is still in its infancy. Mutational studies have revealed that surface proteins, flagella and quorum sensing appear to be required for maximal biofilm formation (Asakura et al., 2007; Reeser et al., 2007). Transcriptomic and proteomic studies indicate that there is a shift in expression levels of proteins synthesised by biofilm-grown cells, towards iron uptake, oxidative stress defence and membrane transport (Kalmokoff et al., 2006; Sampathkumar et al., 2006).

However, it has been noted that different strains of *C. jejuni* can vary in their ability to form biofilms (Buswell *et al.*, 1998; Joshua *et al.*, 2006). Again, this could be due to subtle differences in gene content between different strains of *C. jejuni*, with potential implications for survival in the natural environment and transmission. For example, the quorum sensing system of *C. jejuni* has been implicated in biofilm formation (Plummer, 2012), yet some strains lack *luxS*, including some strains more associated with water/wildlife sources (Hepworth *et al.*, 2011).

The viable but nonculturable (VBNC) state

It has been reported that *C. jejuni* can respond to unfavourable conditions, including low nutrient environments, by entering a VBNC state (Rollins & Colwell, 1986; Pearson *et al.*, 1993; Murphy *et al.*, 2006) and that oxygen can accelerate this transition to VBNC (Klancnik *et al.*, 2006). In the VBNC state, bacteria lose the ability to form colonies on normal growth media and reduce their metabolic activity but retain viability and the potential to recover, and even cause infections (Barer & Harwood, 1999). Some evidence suggests that VBNC state formation may be impacted by proteins involved in inorganic polyphosphate (poly-P) metabolism, such as Ppk1, Ppk2 and SpoT (Gaynor *et al.*, 2005; Gangaiah *et al.*, 2009, 2010; Kassem & Rajashekara, 2011).

During the VBNC state, gene expression can be detected for extended periods of time; for instance, the gene *cadF*, encoding a fibronectin-binding protein involved in adhesion and invasion, was expressed at high levels for 3 weeks in *C. jejuni* cells that had entered the VBNC state (Patrone *et al.*, 2013). Furthermore, it has been demonstrated that *C. jejuni* in the VBNC state can adhere to chicken carcasses (Jang *et al.*, 2007) as well as intestinal cells *in vivo* (Patrone *et al.*, 2013).

In this dormant state, *C. jejuni* cells often undergo morphological changes, such as a switch to coccoid form and a reduction in size. Despite the presence of flagella, coccoid forms are nonmotile; it has been suggested that the cells simply do not have the energy to maintain motility (Moran & Upton, 1986; Moore, 2001). However, similar changes can be observed when the organism is cultured in the laboratory, suggesting that this may merely represent degeneration of the organism (Moran & Upton, 1986, 1987). It has been suggested that different types of coccoid cell forms exhibiting different characteristics exist (Hazeleger *et al.*, 1995). Hence, coccoid cells could be either viable or nonviable.

It has been shown that Campylobacter can survive for as long as 7 months in phosphate-buffered saline at 4 °C, with cellular integrity and respiratory activity being maintained for much longer than culturability (Lazaro et al., 1999). Interestingly, the ability to enter the VBNC state varies between strains of C. jejuni (Medema et al., 1992; Lazaro et al., 1999; Tholozan et al., 1999; Cools et al., 2003), potentially explaining why certain subtypes of C. jejuni are more often found associated with environmental sources. The ability to recover from such a state and retain the ability to cause infections can also vary. Some studies suggest that C. jejuni cannot revert from a VBNC state to a form capable of colonisation of chicks (Beumer et al., 1992; Medema et al., 1992; Hazeleger et al., 1995; Hald et al., 2001; Ziprin et al., 2003; Ziprin & Harvey, 2004), whereas others report successful reversion after passage through animals (Saha et al., 1991; Talibart et al., 2000; Baffone et al., 2006). Therefore, this area of research remains controversial and inconclusive.

Interactions with other microorganisms in the environment

The relatively small genome of *C. jejuni*, encoding limited biosynthesis pathways (Kelly, 2001) but multiple transport systems (Dorrell & Wren, 2007), suggests the possibility of reliance on uptake of resources produced by surrounding microbiota. Diverse microorganisms within polymicrobial biofilm communities present a wealth of nutrients, secondary metabolites and iron-bound siderophores that *Campylobacter* could exploit (Pickett *et al.*, 1992; Xavier & Foster, 2007). In addition, secretion of viscous exopolymers by other species can contribute to protection from stresses such as desiccation and killing by disinfectants. It has been suggested that *C. jejuni* are secondary colonisers of pre-existing biofilms sampled from poultry farm environments (Hanning *et al.*, 2008).

Pseudomonas species are ubiquitous in the natural environment and commonly isolated from poultry farms (Arnaut-Rollier *et al.*, 1999). These robust bacteria can grow in monospecies biofilms on a wide range of carbon sources and produce viscous exopolymers that not only capture secondary colonisers (Sasahara & Zottola, 1993) but also protect other species in the biofilm from harsh conditions, antimicrobials and predatory bacteriophages (Rainey *et al.*, 2007; Hanning *et al.*, 2008). *Pseudomonas* have been identified in mixed species communities sampled from chickens and poultry farm environments and have been suggested as primary colonisers that recruit food-borne pathogens into stable mixed biofilm communities (Sasahara & Zottola, 1993; Trachoo *et al.*, 2002; Sanders *et al.*, 2007; Ica *et al.*, 2012).

Campylobacter jejuni in biofilms exhibited enhanced attachment and survival when co-cultured with Pseudomonas isolated from a meat-processing plant (Trachoo et al., 2002). In addition, mixed species communities that include Pseudomonas promote C. jejuni biofilm growth (Sanders et al., 2007; Teh et al., 2010). Live/dead staining shows that C. jejuni is able to maintain a culturable physiological state in biofilms formed with P. aeruginosa that are significantly more robust than those formed in monoculture (Ica et al., 2012). In addition, co-culture with different *Pseudomonas* spp. isolated from poultry meat prolonged the survival of over 100 C. jejuni field isolates at atmospheric O_2 levels for > 48 h. Scanning electron microscopy of these co-cultures demonstrated a close proximity between the different species surrounded by fibre-like structures (Hilbert et al., 2010). These observations indicate interspecies interaction on several levels, affecting metabolic, structural and morphological phenotypes. In addition, strain-specific interactions have been observed between a range of Pseudomonas and C. jejuni

isolates (Hilbert *et al.*, 2010). These observations suggest that *Pseudomonas* biofilms could provide an environmental refuge allowing the survival of *C. jejuni* outside the host.

It has been proposed that survival within water-borne protozoa, such as *Acanthamoeba polyphaga*, may also enable *C. jejuni* to persist in the environment (Axels-son-Olsson *et al.*, 2005; Snelling *et al.*, 2006). However, compelling evidence that protozoa represent a potential reservoir for *C. jejuni* in natural environments is lacking (Bare *et al.*, 2011). In contrast, it has been suggested that predation, such as grazing by the freshwater crustacean *Daphnia carinata*, might control the abundance of *C. jejuni* in natural waters (Schallenberg *et al.*, 2005).

Experiments to analyse survival of *Campylobacter* in water

There have been a number of studies aimed at determining the survival of Campylobacter in laboratory model systems representing environmental niches. For example, it has been shown that different Campylobacter isolates vary in their ability to survive in water microcosms (Buswell et al., 1998). Survival in water was temperaturedependent, with Campylobacter generally surviving much better at low temperatures (10-16 °C) compared with room temperature. Similarly, different C. jejuni strains from various origins exhibited origin-dependent ability to survive in sterilised drinking water (Cools et al., 2003). Campylobacter jejuni strains can also survive for long periods in well water (Gonzalez & Hanninen, 2012). Although these studies did not include any isolate genotyping, they are consistent with the notion that C. jejuni can be subdivided on the basis of survival in water, and this may reflect the observation that some subtypes are more commonly recovered from natural environments. It is certainly clear that some strains of C. jejuni survive in aquatic environments sufficiently well to pose a risk to humans directly through the consumption of untreated water, as well as to promote their chances of transmission via alternative routes.

Conclusion

Campylobacter employs a number of strategies enabling it to survive in the environment and genomics, and molecular studies are helping us to better understand the mechanisms involved. There have been considerable efforts to employ genotyping, and more recently genome sequencing, to characterise the genetic variation within the species *C. jejuni*. In parallel, epidemiological surveys and phenotypic analyses have revealed differences between C. jejuni strain types with respect to prevalence in environmental samples or the ability to survive environmental conditions. The challenge now is to make the link between the genotypic and phenotypic data to understand better the mechanisms influencing C. jejuni persistence in natural environments such as soil and water, and the role that this might play in transmission of this important pathogen. The reported variations between different strain types of C. jejuni also emphasise the limitations of drawing specieswide conclusions based on single strain studies. Only by combining these different strands will we be able to fully understand the role played by environmental survival in the transmission of this important pathogen.

Acknowledgement

We acknowledge the Medical Research Council, Natural Environment Research Council, Economic and Social Council, Biotechnology and Research Biosciences Research Council and Food Standards Agency for the funding received for this project through the Environmental & Social Ecology of Human Infectious Diseases Initiative (Enigma; Grant Reference: G1100799/1; http:// enigmaproject.org.uk/).

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