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# *Salmonella* spp. in low water activity food: Occurrence, survival mechanisms, and thermoresistance

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## Abstract

The occurrence of disease outbreaks involving low-water-activity ( $a_w$ ) foods has gained increased prominence due in part to the fact that reducing free water in these foods is normally a measure that controls the growth and multiplication of pathogenic microorganisms. *Salmonella*, one of the main bacteria involved in these outbreaks, represents a major public health problem worldwide and in Brazil, which highlights the importance of good manufacturing and handling practices for food quality. The virulence of this pathogen, associated with its high ability to persist in the environment, makes *Salmonella* one of the main challenges for the food industry. The objectives of this article are to present the general characteristics, virulence, thermoresistance, control, and relevance of *Salmonella* in foodborne diseases, and describe the so-called low-water-activity foods and the salmonellosis outbreaks involving them.

## KEYWORDS

contamination, food poisoning, microbial survival, moisture, public health

## 1 | INTRODUCTION

*Salmonella* is considered one of the main pathogenic bacteria responsible for foodborne illnesses worldwide (Priya et al., 2020). Its transmission can occur through food and water contamination, and contact with contaminated animals and humans (Christidis et al., 2020; Ferrari et al., 2019).

The genetic variability of this pathogen favors its survival and dissemination in a wide variety of environments, hosts, and its immune system (Tanner & Kingsley, 2018). The presence of this bacteria can be even more worrying depending on the composition of the food and also on the susceptibility of the host (Crucello et al., 2019). Epidemiological studies show that the infecting dose can range from  $10^5$  to  $10^8$  cells, and  $\leq 10^3$  in immunocompromised people (Ministry of Health [Brazil], 2011).

Considering *Salmonella* pathogenicity, its ability to survive, and to cause illness, the objectives of this review are to present the general characteristics, virulence, thermoresistance, control, and relevance of *Salmonella* in foodborne diseases, and describe the so-called low-water-activity foods and the salmonellosis outbreaks involving them.

## 2 | PRINCIPAL TEXT

### 2.1 | General features

The genus *Salmonella* is divided into two main species: *Salmonella enterica* and *Salmonella bongori*. *Salmonella enterica* also has six subspecies: *enterica*, *arizonae*, *salamae*, *diarizonae*, *indica*, and *houtenae*. *Salmonella enterica*

subspecies *enterica* represents 99% of cases of foodborne disease outbreaks (Lamas et al., 2018). In addition, more than 2600 different serovars have been reported (Yang et al., 2019).

*Salmonella* belongs to the Enterobacteriaceae family. They are Gram-negative, rod-shaped, mobile, facultative anaerobes, and nonsporulated bacilli. For growth, the optimum temperature ranges from 32 to 35°C, with a pH in the range of 4–9, with 6.5–7.5 being the ideal (Jajere, 2019).

## 2.2 | Virulence factors and pathogenicity mechanisms

*Salmonella* virulence is multifactorial and complex, involving structures (fimbriae, flagella, effector proteins) and its capacity for invasion, multiplication, and evasion of the host immune system (Fardsanei et al., 2018).

Most virulence-related genes in *Salmonella* are found in *Salmonella* Pathogenicity Islands (SPIs). SPIs cover large regions of the chromosome that encode several virulence factors (Dos Santos et al., 2021) and, so far, 17 SPIs have been described (Fowoyo, 2020).

SPI-1 and SPI-2 are the most studied and both encode the Type III Secretion System (T3SS) that forms a channel in the host cell membrane, allowing bacterial effector proteins to be secreted inside these cells. These proteins induce modifications in the actin cytoskeleton, allowing the internalization and proliferation of the pathogen (Espinoza et al., 2017; Nieto et al., 2016).

SPI-1 is initially characterized as an invasion island. It is present in all *Salmonella* species and subspecies and has the necessary genes involved in nonphagocytic cell invasion, the T3SS secretion, activation of innate immune pathways (Lou et al., 2019), and the gene cluster responsible for iron capture (Sever & Akan, 2019).

SPI-2 is related to the ability of this bacterium to survive in phagocytic cells and to replicate within SCV (*Salmonella* Containing Vacuole) in eukaryotic cells (Liew et al., 2019).

The others SPIs are mainly involved in macrophage survival; replication; production of proteins, adhesins, and toxins; and fimbriae encoding (Ilyas et al., 2017; Klingl et al., 2021; Singh et al., 2018).

In their original habitats, most bacteria are found in aggregated communities composing a biofilm, responsible for microbial protection, propagation, and permanence in the environment and capable of increasing their resistance against antimicrobials and sanitizers. These biofilms are composed of polysaccharides and proteins, called exopolysaccharides (EPS), and changes in these components can interfere with the virulence potential of the associated pathogens (Zhao et al., 2017).

Biofilms extracellular matrix have a major function in the survival of *Salmonella* under unfavorable environmental conditions (Merino et al., 2017; Wang et al., 2013). Fimbriae play an important role in the adhesion of *Salmonella* spp. to the target cell (Xu et al., 2021), and cellulose provides biological, mechanical, and chemical protection against the environment (Čabarkapa et al., 2019).

## 2.3 | Importance of *Salmonella* in foodborne diseases

Worldwide, foodborne diseases represent a major public health challenge. In the United States, each year, approximately 1.2 million cases of foodborne diseases are mostly caused by *Salmonella* Enteritidis, *S. Typhimurium*, and *S. Newport* (CDC, 2016; Tack et al., 2019). The European Food Safety Authority (EFSA, 2019a) showed that *Salmonella* was responsible for 11,581 (30.7%) human outbreaks during 2018, a higher number compared with 2017 (20.6%).

According to Ministry of Health (Brazil) (2019), between 2009 and 2018 *Salmonella* spp. was the second leading cause of foodborne diseases in the country, representing 11.2% of reported outbreaks. Updated data from the Epidemiological Bulletin of the Health Surveillance Secretariat (Ministry of Health [Brazil], 2020) showed that between January 2016 and December 2019, the prevalence of *Salmonella* spp. outbreaks increased 14.9%. Voss-Rech et al (2019) and Mendonça et al. (2020) indicated *S. Typhimurium*, *S. Enteritidis*, *S. Infantis*, *S. Heidelberg*, *S. Newport*, *S. Hadar*, *S. Mbandaka*, and *S. Senftenberg* as the most common serovars in Brazil.

Meat, eggs, and milk are not the only ones that can be contaminated by *Salmonella*. The number of salmonellosis associated with low-water-activity foods is gaining prominence. Many of these foods do not undergo cooking processes, can be readily consumed, and have a prolonged shelf life at room temperature (Carrasco et al., 2012; Farakos et al., 2013). Another important factor is that water activity ( $a_w$ ) reduction is a control strategy adopted by the industries themselves precisely to prevent the proliferation of pathogenic microorganisms in food (Ashenafi, 2012).

Initially, powdered milk, nuts, chocolates, dried fruits, and flours were considered safe foods because of their suppressed microbial growth, either because of their low  $a_w$  value or because they undergo crystallization, dehydration, desiccation, and lipid oxidation, which are not favorable for microorganisms. However, many pathogens are surviving in these conditions for months or even years (Table 1), which represents a reason of great concern for industries (Enache et al., 2017; Garcés-Vega et al., 2019).

**TABLE 1** Salmonella survival in low-water-activity ingredients and foods

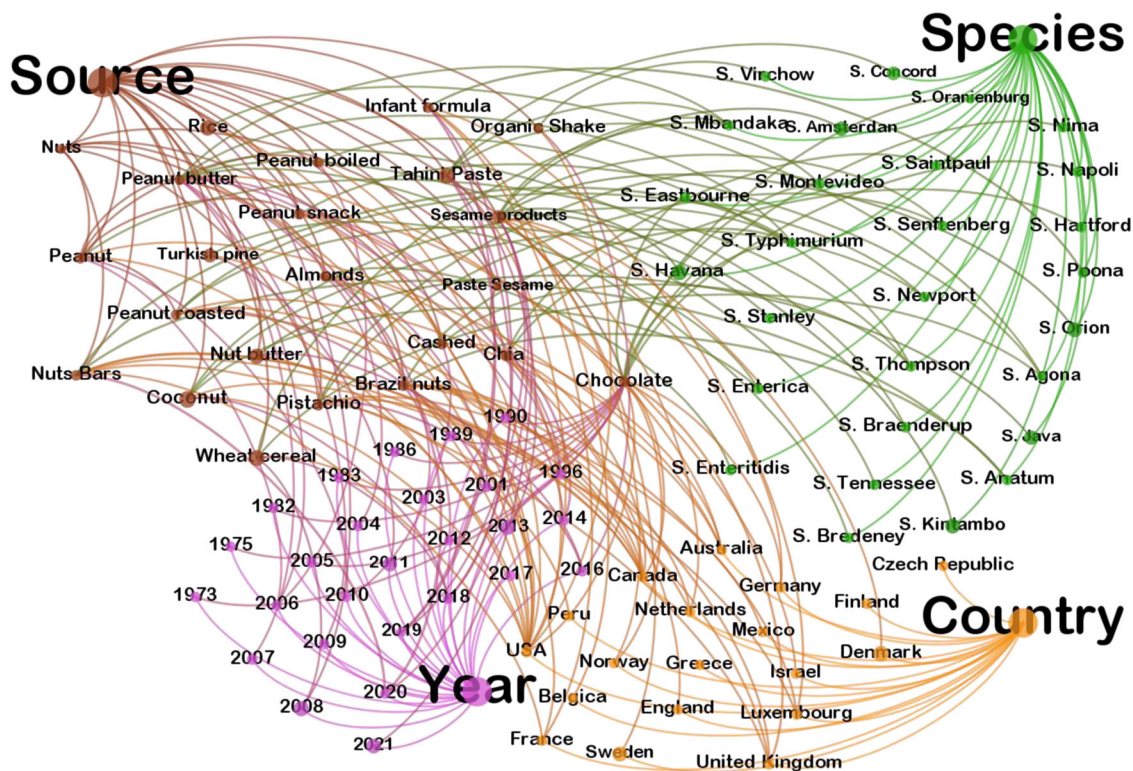
Serotypes	Foods	$a_w$	Survival time	Reference
S. Eastbourne	Milk chocolate	0.41 0.38	>9 months at 20°C 9 months at 20°C	Tamminga et al., 1976
S. Eastbourne	Bitter chocolate	0.51 0.44	9 months at 20°C 76 days at 20°C	Tamminga et al., 1976
S. Infantis and S. Tennessee	Pasta		360 days	Rayman et al., 1979
S. Saintpaul, S. Rubislaw, and S. Javiana	Paprika powder		>8 months	Lehmacher et al., 1995
S. Enteritidis	Halva	0.18	>8 months under refrigeration	Kotzekidou, 1998
S. Typhimurium DT104	Egg powder	0.2–0.3	8 weeks at 13 or 37°C	Jung & Beachat, 1998
S. Agona, S. Enteritidis, S. Michigan, S. Montevideo, and S. Typhimurium	Peanut butter products	0.2–0.3	24 weeks at 5 or 21°C	Burnett et al., 2000
S. Enteritidis PT 30	Almond kernels		550 days at 20.4 and 23°C	Uesugi et al., 2006
S. Napoli, S. Enteritidis, S. Oranienburg, S. Montevideo, S. Poona, S. Typhimurium LT2, and S. Senftenberg	Cocoa butter oil/crushed cocoa husks/crushed hazelnut husks	0.2	21 days at 5 or 21°C	Komitopoulou & Peñaloza, 2009
S. Anatum, S. Enteritidis PT 9c, S. Enteritidis PT 30, S. Montevideo, S. Oranienburg, and S. Tennessee	Almond kernels	0.4	12 months at 19.4 and 24°C	Kimber et al., 2012
S. Typhimurium	Peanut butter fondant	0.65–0.69	1 year	Nummer et al., 2012
S. Anatum, S. Enteritidis PT 9c, S. Enteritidis PT 30, S. Oranienburg, and S. Tennessee	Raw nut	0.4	12 months at 20.4 and 23°C	Blessington et al., 2012
S. Tennessee and S. Typhimurium DT104	Peanut butter	0.3–0.6	12 months at 20°C	Kataoka et al., 2014
S. Anatum, S. Enteritidis PT 9c, S. Enteritidis PT 30, S. Oranienburg, and S. Tennessee	Raw pecan grains		12 months at 24.4 and 22°C	Brar et al., 2015
S. Senftenberg 775W, S. Newport, S. Typhimurium, and S. Tennessee	Wheat flour	0.46–0.45	1 year at 20°C	Michael et al., 2022

## 2.4 | Salmonella outbreaks in foods with low water activity

The water that is not chemically linked to other substances is called free water, and it represents a favorable medium for the growth of bacteria, yeasts, and molds. This free water is measured by the activity of water ( $a_w$ ), defined as the ratio between the vapor pressure of a solution and the vapor pressure of pure water at the same temperature. The  $a_w$  ranges from 0 to 1, where 1 represents pure water, where microbial growth is not possible. Thus, the addition of nutrients gradually reduces the  $a_w$  value of foods (Barbosa-Cánovas et al., 2020; Tapia et al., 2020). According to Jin et al. (2018), to consider food as having low  $a_w$ , it must have values lower than 0.83. However, studies show that *Salmonella* can survive in foods with  $a_w \geq 0.94$ , reinforcing their ability to cause diseases even if present in a low number of cells.

The number of *Salmonella* outbreaks related to foods with low  $a_w$  has been increasing each year, and the main foods involved are high-sugar-content products such as chocolate and honey smacks cereal, sesame seed-based products, peanut butter, and almonds (Alshammari et al., 2020) (Figure 1).

According to the EFSA, the most recent cases date from 2018 to 2021. An outbreak of *Salmonella* Poona involving a rice-based infant formula affected 30 people in France, one in Belgium, and one in Luxembourg. Symptoms were reported between August 2018 and February 2019 (EFSA, 2019b). In 2020, 124 cases of *Salmonella* Typhimurium and one of *S. Anatum* were reported, 105 in the United Kingdom (including the *S. Anatum* case), 14 in France, three in Luxembourg, and one each in the Netherlands and Canada. The vehicles of infection were nut products imported from Brazil and Bolivia (EFSA, 2020). Between January 2019 and October 2021, a total of 121 contamination



**FIGURE 1** Outbreaks caused by *Salmonella* sp. related to low-water-activity foods around the world. This image contains the relationship between the *Salmonella* serotype, the food involved, the country, and the year of occurrence of the outbreak.

**References:** CDC, 2004, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2016a, 2016b, 2016c, 2017, 2018a, 2018b, 2018c, 2019a, 2019b; Craven et al., 1975; D'Aoust et al., 1975; EFSA, 2017, 2019b, 2020, 2021; Elton, 2006; Gill et al., 1983; Greenwood & Hooper, 1983; Harvey et al., 2017; Hockin et al., 1989; Kapperud et al., 1990; Killalea et al., 1996; Kirk et al., 2004; Scheil et al., 1998; Werber et al., 2005

cases of sesame-based products from Syria were described in Sweden, Germany, Denmark, Norway, and the Netherlands, being *S. Havana*, *S. Orion*, *S. Amsterdam*, *S. Mbandaka*, *S. Kintambo*, and *S. Senftenberg* the reported serotypes. Children under 10 were the most affected (EFSA, 2021).

In-depth research in government agencies such as Centers for Disease Control and Prevention (CDC), European Food Safety Authority (EFSA), and Food and Drug Administration (FDA) showed no recent cases of salmonellosis in low-moisture foods. However, according to FDA (2022), in the United States four recalls were reported in March, May, August, and November 2021, involving hummus, nut flour, potato chips, and tahini, respectively.

## 2.5 | Survival mechanisms and thermoresistance of *Salmonella* in foods with low water activity

Several factors influence the vulnerability of a microorganism, such as intrinsic ( $a_w$ , humidity, pH, solids, acids, and fat content) and extrinsic (temperature, chemical, and

gas composition) food factors, even the characteristics of the isolate (serotypes and growth phase) (Rolfe & Daryaei, 2020).

The low  $a_w$  of a food causes a condition called osmotic stress, creating an unfavorable environment for *Salmonella*, which must develop strategies to survive. One important example of mechanism is the osmoregulation that allows the bacteria to balance its internal composition with the external environment when subjected to a low-water-activity condition, causing the accumulation of compatible solutes such as proline, glycinebetaine, ectoine, and trehalose to reduce water loss (Burgess et al., 2016). In addition, osmoregulation maintains the bacteria's turgor pressure (Bremer & Krämer, 2019).

Dormancy is another strategy. *Salmonella* enters the viable but nonculturable (VBNC) state when exposed to stressful environmental changes, not being able to develop in that place, but still alive. When conditions are again favorable, these cells return to a normal metabolic state (Highmore et al., 2018; Salive et al., 2020).

Cross-protection or cross-tolerance is also observed in *Salmonella*. The bacteria become resistant to stress conditions such as desiccation, osmotic stress, chemical

(presence of ethanol and hypochlorite of sodium), and physical stresses (UV light irradiation and heat used during food processing) (Gruzdev et al., 2011; Finn et al., 2013). This tolerance can be attributed to inadequate sanitation practices, ineffective development of equipment, and failures in control and storage of ingredients, which reinforce *Salmonella*'s ability to survive for long periods in these foods and also on surfaces (Podolak & Black, 2017; Grasso et al., 2015).

The high fat content of certain foods, such as peanut butter and chocolates, may also affect the pathogen's survival, as the fat protects bacterial cells against the effects of gastric acid, allowing colonization of the gastrointestinal tract and the consequent production of clinical signs (Olaimat et al., 2020).

The osmotic stress can also modify important components of the pathogen's cell membrane like fatty acid and phospholipids. Chen et al. (2014) showed that, after 14 days of *Salmonella* exposure to foods with low  $a_w$ , an increased expression of *fabA* gene was related to the increased bacterial survival in that environment. However, it is still necessary to develop further studies focused on the role of those membrane modifications, composition, and how it affects *Salmonella* survival.

Microorganisms are constantly adapting, and there may be changes in their physiology and genetic behavior to support extreme physical conditions (Aguirre-Sanchez et al., 2021). Thermal shock enables the production of proteins (Hsp70, GroEL, DnaK, GrpE, etc.) that allow the bacteria to survive better in adverse conditions, and even participates in adhesion and invasion processes. The synthesis and expression of these proteins is not only influenced by heat stress, but also by changes in osmotic pressure, ultraviolet radiation, presence of salts of heavy metals, oxygen and peroxides radicals, and acid and oxidative stresses, a fact that may be relevant to understand bacterial protection against heat (Fourie & Wilson, 2020; Kurashova, Madaeva & Kolesnikova, 2020; Kim et al., 2021).

Abdelhamid and Yousef (2020) suggested that *Salmonella* biofilm may also contribute to desiccation survival thanks to its extracellular polymeric structure, which creates a protective and favorable microenvironment. Structures such as fimbriae and cellulose can contribute to *Salmonella* survival against desiccation stress; however, information about the production of biofilm in response to desiccation stress is still scarce.

In addition to all the mechanisms mentioned, several studies demonstrate the ability of *Salmonella* to develop the so-called thermoresistance, which, for Podolak et al. (2010), occurs mainly due to the capacity of bacterial cells to reduce their metabolism under unfavorable conditions and resume it when its growth is favored. Heat resistance

is a characteristic that can be acquired by *Salmonella* when they are exposed to the stress conditions of the low-water-activity environment, allowing the bacteria to undergo adaptations that result in their persistence and survival (Chen & Jiang, 2017; Cui et al., 2019).

According to Dawoud et al. (2017), the survival of *Salmonella* during thermal processing can be explained by several factors. One is that the microorganism has an increased ability to survive when pre-exposed to stressful conditions before the food undergoes heat treatments. Stressed cells, whether by heat, low-carbon sources, desiccation, or starvation stress, tend to have greater tolerance to thermal treatments.

The bacterial adaptation to stressful environment occurs through thermosensors, which are cellular structures (lipids, proteins, DNAs, and RNAs) capable of perceiving internal temperature fluctuations, and inducing the expression of adaptive and protective genes (Narayan et al., 2017; Loh et al., 2018). Sigma factors are a group of genes expressing proteins that organize the transcriptional activities related to stress responses. Sigma factor  $\sigma^E$  protects the cell against stress oscillation and regulates extracellular responses, and  $\sigma^H$  regulates cytoplasmic response to thermal stresses by the transcription of heat shock genes. RpoS is another example, acting mainly in the expression of proteins and in virulence genes regulation (Bhunia, 2018; Kang et al., 2018; Mutz et al., 2019).

The exposure of *Salmonella* to heat treatments can also stimulates the expression of virulence genes (Fong & Wang, 2016). To tolerate thermal stress, the first cell response is the expression of genes related to stress and energetic metabolism. However, this can culminate in cross-resistance to several other types of stresses, thus increasing its virulence potential, either through fimbriae expression, increased capacity of adhesion, or survival within the host (Sirsat et al., 2011; Aviles et al., 2013).

The use of heat treatments in the industry aims to ensure food safety, as temperatures around 70°C inactivate most enzymes and microorganism's vegetative cells (Ferrández et al., 2018; Huang, 2019). However, studies have shown that heat penetration does not occur homogeneously in the food, not being able to eradicate all contamination (Adepoju et al., 2016; Aboud et al., 2019).

In structural terms, the effect of desiccation on the thermal resistance of *Salmonella* has not been fully described. Studies suggest an intimate relationship between microbial survival and water mobility. Heat treatments cause water evaporation, triggering structural weakening of cell membranes and intracellular protein denaturation. However, the absence of water in low-moisture foods ends up playing a protective effect on cellular protein denaturation caused by high temperatures. Furthermore, the protection

of noncoding DNA and RNAs also influences the response again desiccation (Lian, et al., 2015; Maserati et al., 2018; Gautan et al., 2020; Xu et al., 2020).

## 2.6 | Control of *Salmonella* in foods with low water activity

The high capacity of *Salmonella* to adapt to adverse environmental conditions brings the need for effective control measures for its eradication (Pradhan & Devi Negi, 2019). Validation of a monitoring system is essential to ensure microbial safety and to track the level of hygiene and efficacy of cleaning in production environments (Bourdichon et al., 2021). In the United States, the food industry mitigates and controls hazards by implementing and validating mandatory processing by the Food Safety Modernization Act (FMSA) according to the FDA (Wason et al., 2021). However, process validation should be rigorous, since studies with planktonic cells do not have the same efficiency for biofilm control (Xu et al., 2022).

The microenvironment in which the bacteria is inserted influences the increase or decrease in its sensitivity to thermal treatments over time (Jin, Tang & Zhu, 2020). Many microorganisms, pathogenic or not, can survive drying processes and this represents one of the main challenges in the food production, especially those with low  $a_w$  (Chitrakar, Zhang & Adhikari, 2018).

When food is subjected to a change in temperature, its  $a_w$  also changes. This happens thanks to food composition and food characteristics such as physical and physicochemical conditions. So, it is important to assess the difference in values of  $a_w$  depending on the heat treatment that is used to compare the effectiveness of those treatments. However, current information on the response of food to heat treatments and the consequent change in its  $a_w$  values is limited and cannot yet be predicted (Syamaladevi et al., 2016a, 2016b).

### 2.6.1 | Innovator studies on inhibition of *Salmonella* in foods with low water activity

There is currently little information about effective measures to control *Salmonella* specifically in low-water-activity food matrices probably because they are more heat tolerant than in aqueous food matrices (Xu et al., 2019). However, several studies have emerged reporting the use of different techniques to try to control these microorganisms. One example is a new approach by growth curve analysis to distinguish between antimicrobial and antibiofilm activities against *Salmonella* simply and quickly, which allows testing a greater number of

active compounds against this species (Sterniša et al., 2022). Liu et al. (2018) point out the antibacterial role of  $\text{SiO}_2$ , being able to naturally dehydrate bacterial cells, but this technique needs to be better studied.

Radiofrequency (RF) is a new technology in food processing research for drying, sterilizing, disinfecting, and cooking through the conversion of electrical energy into thermal energy, affecting the migration of microparticles (Tong et al., 2022). RF energy (27.12 MHz, 6 kW) reduced 5 log CFU/g of *Salmonella* in cumin seeds (Chen et al., 2020) and also in spices without affecting color (Ozturk et al., 2020). *Salmonella* Typhimurium was also reduced by RF heating for red pepper powder (Jiao et al, 2021).

The use of ionizing radiation like X-ray, gamma-ray, and electron-beam irradiation represents an alternative to microbial inactivation in some foods. This technology is able to minimize pathogenic and spoilage microorganisms and still unchanging the food quality (Pi et al., 2021). Steinbrunner et al (2019) observed in almond products, date, and wheat that *Salmonella* resistance to X-ray irradiation increased with increasing food  $a_w$ . The fact that these foods have gone through processes that changed their physical structure reflected in the bacteria's resistance, which was reduced. However, there is no previously reported relationship between bacterial resistance to radiation and structural food changes.

Essential oils (EOs) are natural alternatives of food preservatives and antimicrobial agents, since the demand for replacing synthetic compounds is a reality nowadays (Ed-Dra et al, 2021). Olaimat et al (2018) and Al-Nabulsi et al (2020) showed the effectiveness of AITC (allyl isothiocyanate) in hummus and of cinnamon and thyme oils in tahini, respectively. However, further studies involving EOs and a greater variety of low-water-activity foods are needed, as well as exploring ways to avoid possible changes in food taste and odor.

Chemical compounds such as acetic and citric acids also represent control alternatives, since the pH of these compounds is lower than the optimal pH that *Salmonella* supports to grow (Maduchanka et al, 2018). Both acids are potent antimicrobial agents and their use in food is considered safe (Olaimat et al., 2017). Al-Nabulsi et al (2014) showed reduced viability of *Salmonella* Typhimurium in tahini. This treatment can also be better explored for other foods with low  $a_w$  due to its scarcity in the literature.

The union of mathematical and microbiological concepts allowed the development of faster and more reliable solutions to quantitatively measure microbial behavior during inactivation process. Predictive models assume that microbial behavior can be reproducible in face of environmental changes, such as those caused by heat treatment (Stavropoulou & Bezirtzoglou, 2019). These models can be linear and nonlinear: linear models describe that

the entire bacterial population has equal thermal sensitivity and identical probability of death, while nonlinear ones address microbial behavior during inactivation from different curvature models (Evelyn & Silva, 2020; Buzrul, 2022).

The Weibull model is an important parameter that helps to determine *Salmonella* inactivation kinetics, used in both linear and nonlinear examples (Jiao et al., 2019). Considering the repetitive exposure of microorganisms to dangerous conditions and environments, the Weibull model, then, establishes the survival rate of this microbial population: if the concavity of the survival curve is upward, the population shows adaptation and medium/high resistance to induced stress; decreasing concavities lead to a reduction in the number of microorganisms (Serment-Moreno, 2020).

The association between biological and mathematical knowledge represents a fundamental output for the development of preventive control measures or even new strategies (Dementavicius et al., 2016; Tadapaneni et al., 2018; Kim et al., 2021). Information about genetic determinants and molecular mechanisms that allow *Salmonella* survival in these foods is still scarce, so it is extremely important to encourage further studies to combat this pathogen (Jayeola et al., 2020).

The so-called nonthermal decontamination technologies are currently gaining prominence for their ability to maintain the safety of foods with low  $a_w$  and to promote smaller changes in its final quality compared to heat treatments. They are cold plasma, pulsed light, ultraviolet light, and light-emitting diode (LED) (Deng et al., 2020).

Cold plasma consists of an ionized gas capable of affecting bacterial cell membrane and the subsequent reaction with DNA, RNA, and proteins (Hertrich et al., 2017; Mandal, Singh & Singh, 2018). This technology is mainly applied to meats, fruits, and vegetables (Chizoba Ekezie, Sun & Cheng, 2017), but effective cases of *Salmonella* reduction in black pepper (Sun et al., 2014) and shelled almonds (Hertwig et al., 2017) have been reported.

Pulsed light uses short-pulse but high-density lights with good antimicrobial capability. A capacitor is responsible for accumulating electrical energy and releasing it in the form of inert gases (Mahendran et al., 2019; Liu et al., 2021). This technology has brought good results in reducing *Salmonella* populations in chia seeds (Reyes-Jurado et al., 2019), dried parsley (Dittrich et al., 2021), almonds (Oner, 2017; Harguindeguy & Gómez-Camacho, 2021), and *Enterococcus faecium* (*Salmonella* Surrogate) in nonfat dry milk, wheat flour, and egg white powder (Chen et al., 2019).

Ultraviolet (UV) light is a potent technology for surface decontamination and has a lethal nature by promoting damage to microbial DNA (Kaavya et al., 2021). It has shown positive results in inactivating *Salmonella* in wheat flour (Códon-Abanto et al., 2016), shelled walnuts (Izmirli-

oglu & Demirci, 2018), and black peppercorns (Xie & Hung, 2020). Alone or combined with UV light, LED is also a promising technology characterized by release of energy in the form of light (Prasad, Ganzle & Roopesh, 2019). Like the others, it was effective in decontaminating *Salmonella* in wheat flour (Du et al., 2019; Subedi et al., 2020).

### 3 | CONCLUSION

*Salmonella* pathogenicity can be widely expressed through virulence factors, in addition to several mechanisms that contribute to its high capacity to adapt and survive in unfavorable environments and conditions, such as low-water-activity foods and all the processes responsible for their production.

Given the epidemiological importance of this pathogen within the context of foodborne disease, it is necessary to establish and comply with adequate sanitary practices, as well as the creation of control measures that ensure the quality of foods with low  $a_w$ . In-depth knowledge about the response to the cellular stress that leads to bacterial persistence is also vital to understanding the risks of food contamination. The molecular basis of *Salmonella* in these foods may contribute on the development of inactivation and detection strategies.

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### AUTHOR CONTRIBUTIONS

R.M.M. wrote the original draft. V.L.M.R. administered the project. S.T.A.D. reviewed and edited the manuscript. V.P.P.A. performed formal analysis. N.C.C.S. performed supervision.

### CONFLICT OF INTEREST

The authors declare no conflict of interest.

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